

## -INDEX-

### A

Acute respiratory failure (ARF), III-16  
Acidemia, organic, III-68  
Acidophilus milk, H-14  
Adolescents,  
    diabetes mellitus, C-12  
    energy requirements, A-2, A-3  
    disorders of lipid metabolism, C-47  
    nutrition management, E-11  
    obesity and weight management, III-73  
    parenteral and enteral support, B-49-60  
    protein requirements, A-4  
    pregnancy, A-20  
    vegetarian diets, A-34  
Albumin, II-13  
Alcohol,  
    hypertension, III-59  
    pregnancy, A-21  
Allergy, H-16  
Americans older, A-23  
Amino acids,  
    branched chain amino acids, B-31, B-42  
    formulas, B-31  
    parenteral, B-42-43  
Amputees, IBW, II-7  
Amylase, III-79  
Anemia, II-15, III-69  
Antacids, II-21, III-38  
Anthropometric measurements, II-2, II-6  
Anticoagulants, III-4  
Antioxidants, C-44, III-13  
Arm span determination, II-2  
Aromatic amino acids, G-1  
Ascites, F-1, G-2  
Ascorbic acid, B-2, B-43-44  
    iron absorption and, III-63  
Aspartame, III-30  
AIDS, See HIV Infection

### B

Bariatric Surgery B-14-18  
Bilirubin,  
    serum bilirubin, III-79  
Body mass index, A-17, C-35, II-3, III-45, III-58, III-72  
Branched chain amino acids, B-31, B-42  
Bread & cereal group, A-13  
Breast feeding, A-21, E-1  
Breath hydrogen analysis test, H-12  
BUN, A-31, B-52, B-54, G-6, III-99  
Burns, A-30, III-7-10

### C

Caffeine, A-21, IV-1  
    food and drug interactions, II-23  
    food contents, IV-1  
    gastroesophageal reflux disease (GERD), III-58  
    heart failure, III-41  
    sodium-controlled diet, 2400 mg, F-7

    tyramine-restricted diets, H-10  
Calcium, F-18, II-17  
    adolescent, nutrition management of, E-11  
    content of common foods, F-19  
    corticosteroid therapy, III-19  
    end-stage renal disease, III-87  
    calcium-enhanced diet, F-18  
    dialysis patient, III-102  
    food hypersensitivities, H-16  
    full-term infant, E-2, E-4  
    gluten-free diet, H-2  
    heart failure, III-41  
    hypertension and, III-58-59  
    ketogenic diet, E-13  
    lactose-controlled diet, H-13  
    major nutrients, functions and sources,  
        II-18  
    minerals, II-18  
    milligram/milliequivalent conversions,  
        IV-2  
    nutritional deficiencies, II-20  
    nutrition management of, F-18  
    osteoporosis, F-18  
    pancreatitis, III-79-80, 82  
    parenteral nutrition, support for adults,  
        B-44-45  
    pediatrics, nutrition support in, B-49  
    pregnancy, required in, A-19  
    renal disease, G-10, III-99  
    vegetarian diets and, A-35  
Calcium carbonate, F-18, G-10, II-20  
Caloric requirements, (see Energy)  
Cancer, A-15-16, D-7, II-15, III-11  
Carbohydrate disorders (inherited), III-67-68  
Cardiac cachexia, III-34-35  
Celiac disease, H-2-4  
Chemotherapy, III-8-10  
Children, suggested food intake, E-9-12  
    disorders of lipid metabolism, C-47  
    obesity and, C-36, III-66-67  
Chloride, B-34, B-37, B-42, B-44-45,  
    B-50-53, B-57, II-17  
Cholesterol, C-7  
    disorders of lipid metabolism, C-39  
    high-fiber diet, D-5-6  
Chromium,  
    major nutrients, functions and sources,  
        II-18  
    parenteral nutrition for adults, B-41,  
        B-44  
    pediatrics, specialized nutrition support  
    in, B-51-52, B-57  
Chronic obstructive pulmonary disease  
(COPD), III-7, III-16-18  
Cirrhosis, F-1, G-2  
    hepatic, F-1  
    liver, of the, F-1  
    sodium-controlled diet, F-1

## Index

- Constipation, D-4
    - cancer, III-8
    - diabetes mellitus, gastrointestinal complications, III-25-26
    - enteral nutrition, management of complications, III-36
    - fiber-restricted diets, D-1
    - food and drug interactions, II-22
    - high-fiber diet, D-5-6
  - Copper,
    - major nutrients, functions and sources, II-19
    - parenteral nutrition, support for adults, B-44
    - pediatrics, specialized nutrition support in, B-51-52, B-57
    - wilson's disease, III-104
  - Copper content of foods, III-104
  - Coronary heart disease,
    - diabetes mellitus, medical nutrition therapy for, C-1, C-7
    - disorders of lipid metabolism, medical nutrition therapy for, C-39
    - hypertension, III-56
    - hypertriglyceridemia, III-63
    - risk factors, C-39
  - Corticosteroid therapy, III-19
  - Coumadin, III-4-5
  - Creatinine,
    - end-stage renal disease, III-100
    - parenteral nutrition, support for adults, B-37, B-45
    - pediatrics, specialized nutrition support in, B-58
  - Cyanocobalamin,
    - major nutrients, functions and sources, II-18
    - parenteral nutrition, support for adults, B-44
  - Cyclic CPN, B-46
- D**
- Daily Food Guide, A-13
  - Dehydration, A-30
  - Dermatitis herpetiformis, H-1
  - Dextrose,
    - parenteral nutrition, calculating central, III-87
    - parenteral nutrition, metabolic complications of CPN, III-84-85
    - parenteral nutrition support for adults, B-41
    - pediatrics, specialized nutrition in, B-54
  - Diabetes mellitus,
    - alcohol, C-7
    - alternative sweeteners, III-30
    - approaches, C-10
    - calculated diet samples, C-33
    - carbohydrate replacement, C-9
    - consistent carbohydrate diet, C-2
    - complications, III-25
    - diagnosis, II-16
    - diet prescription, C-2
    - diet & nutrient composition, C-2-3
    - enteral nutrition, support for adults, B-33
    - exchange lists, C-20
    - exercise, C-4, III-22
    - fiber and, C-3
    - gestational pregnancy and, C-15
    - goals of management, C-1
    - illness and diet, C-8-9, III-19
    - oral glucose-lowering medications and insulin, III-27
    - sample exchange patterns, C-33
    - sodium and, C-7
    - timing of food consumption, C-5
    - vegetarian diets, A-34
  - Decubitus ulcer (see Pressure Ulcers)
  - Diarrhea,
    - bariatric surgery for obesity, B-17
    - cancer, III-12-15
    - diabetes mellitus, III-23-25
    - syndrome diet, B-13
    - enteral nutrition, management of complications, III-36
    - enteral nutrition, support for adults, B-28
    - fiber-restricted diets, D-1
    - fluid intake and hydration, nutrition management of, A-30
    - food and drug interactions, II-22
    - gluten-free diet, H-1-3
    - HIV infection and AIDS, III-43-50
    - high-fiber diet, D-6
    - lactose-controlled diet, H-12
    - pancreatitis, III-73
    - parenteral nutrition, metabolic complications, III-76
  - Dietary Guidelines for Americans, A-13
  - Diets,
    - calcium enhanced, F-18
    - calcium restricted, F-18
    - calorie-controlled for weight management, C-35
    - clear liquid, B-1
    - full liquid, B-2
    - full liquid, blenderized, B-3
    - diabetic, C-1
    - dumping syndrome, B-13
    - dysphagia feeding plan, B-5
    - fat-controlled, C-54
    - fiber-restricted, D-1
    - gluten-free H-1
    - high-fiber, D-5
    - high-protein, high-calorie, A-15
    - kosher guidelines, A-38
    - lactose-controlled, H-12
    - mechanical soft, A-26
    - potassium, F-14
    - pureed, A-28
    - protein-controlled, G-3
    - regular, adult, A-13
    - regular, adolescents, E-11
    - regular, full-term infant, E-1-6

regular, school-age child, E-9-10  
 regular, toddler and preschool child, E-7  
 regular, pregnancy and lactation, A-17  
 renal disease, G-6  
 residue-restricted (see Fiber Restricted Diets)  
 sodium-controlled, F-1  
 sugar in moderation, C-34  
 temporomandibular joint surgery and, A-26  
 therapeutic lifestyle change, C-39  
 tyramine-restricted, H-10  
 vegetarian, A-34

Disorders of Lipid Metabolism, C-39  
 high-fiber, D-5  
 medical nutrition therapy for, C-39  
 nephrotic syndrome, III-64  
 omega-3 fatty acids, C-42

Diverticulosis, D-1, D-6

Drugs, II-21  
 breast feeding and, E-1  
 enteral feedings and, B-35  
 food and drug interactions, II-21

Dumping syndrome, B-13, III-12, B-65

Dysphagia, B-5-12, III-33

## E

Edema, A-21, A-32, III-41-42, 58, 71

Elderly (see Older Adults),  
 weight standards, II-5

Electrolytes, parenteral, B-44

Energy requirements, II-8

English/metric conversions, IV-2

Enteral nutrition, support for adults, B-34  
 administration, B-35  
 management of complications, III-35  
 indications, B-28

Esophageal varices, G-2

Exchange lists,  
 ADA, C-20  
 protein-based, G-4

## F

Fat-controlled diet, C-54  
 gastroesophageal reflux disease (GERD), III-38  
 medium-chain triglycerides (MCT), C-56  
 nephrotic syndrome, III-71

Fats,  
 fat-soluble vitamins, B-56, G-3, G-10, II-17  
 fecal fat, III-80

Fiber, D-5-8  
 content of foods (chart), D-11  
 diabetes and, C-3  
 high-fiber diet, D-5  
 phytobezoar form, D-7  
 fiber-restricted diets, D-1

Fish oil, C-42, III-17

Fistulas, B-28, B-33-34, B-40

Fluoride, II-19, II-26

Fluid,  
 calculation of needs, A-31-32

clear liquid diet, B-1  
 full liquid blenderized diet, B-3  
 pregnancy and lactation, nutrition  
 management during, A-19  
 nutrition and the older adult, A-24  
 renal disease, G-10-11  
 simplified renal diet, G-26

Fluid deficit, treatment/prevention, A-31

Fluid restriction, indications for, A-33

Folate, A-18, II-18  
 bariatric surgery for obesity, B-15  
 deficiency, II-15  
 deficiencies, physical signs, II-20  
 food and drug interactions, II-21, III-24  
 gluten-free diet, H-2-4  
 ketogenic diet, E-13  
 pediatrics, specialized nutrition support  
 in, B-50-57  
 protein-controlled diet, G-2

Food allergy, H-16

Food and Drug Interactions, II-21

Food Sensitivity, H-16

Frame size, determination, II-6

Fructose,  
 diabetes mellitus, III-30  
 inborn errors in metabolism, III-68

Fruit group, A-13, B-19

## G

Galactosemia,  
 Inborn errors of metabolism, III-68

Gallbladder disease and diet,  
 herb and drug interactions, II-31  
 obesity, II-72-73, II-76

Gastric banding, B-14-16

Gastric reduction surgery, B-14  
 Diabetes, B-14, 16

Gastroparesis, III-25  
 high-fiber diet, D-5

Gastroesophageal reflux, III-38  
 gastrointestinal soft diet, D-14

Genetic disorders, III-67

Glomerular filtration rate, G-8, III-88

Glucose, II-16, III-20  
 calorie-controlled diet for weight  
 management, C-35  
 corticosteroid therapy, III-19  
 diabetes mellitus, II-16, III-16-17, III-19  
 end-stage renal disease, III-86  
 enteral nutrition, support for adults, B-  
 33, B-37  
 gestational diabetes mellitus, C-15-19  
 herb and drug interactions, II-28  
 high-fiber diet, D-4  
 ketogenic diet, E-18  
 parenteral nutrition, support for adults,  
 B-40-41  
 pediatrics, specialized nutrition support  
 in, B-52, B-54

## Index

determination of absorption during CAPD, G-12  
Gluten-free diet, H-1-7  
    support groups, H-8  
    suppliers of products, H-8  
Glycated hemoglobin, III-20  
Glycogen storage diseases, III-68  
Grain group, A-13

## H

Heart failure, F-1, III-40  
    fluid intake and hydration, nutrition management of, A-31  
    pneumonia, III-92  
    sodium-controlled diet, F-1  
HDL cholesterol  
    heart failure, III-40  
    diabetes mellitus, C-7  
    disorders of lipid metabolism, medical nutrition therapy for, C-40  
    hypertriglyceridemia, III-63  
Height determination, II-2  
Hemodialysis, G-8  
Hepatic coma, G-3  
Hepatic encephalopathy, G-1-3  
    medium-chain triglycerides (MCT), C-56  
    parenteral nutrition, support for adults, B-42  
    type of disease, G-1  
Hematocrit, II-13, III-69  
    classifications, anemias, II-15  
    laboratory indices of nutritional status, II-14  
    pregnancy and lactation, nutrition management during, A-18  
    pancreatitis, III-80  
    renal disease, III-102  
Hemoglobin, II-14, III-69  
    classifications, anemias, II-15  
    end-stage renal disease, III-102  
    iron deficiency anemia, III-69  
    laboratory indices of nutritional status, II-14  
    pregnancy and lactation, nutrition management during, A-20  
Hemoglobin A<sub>1c</sub>, III-16  
    diabetes mellitus, C-1  
HIV, III-43  
    herb and drug interactions, II-27  
    high-protein, high-calorie diet, A-15  
Hypercholesterolemia (see Disorders of Lipid Metabolism)  
Hyperphosphatemia,  
    parenteral nutrition, metabolic complications, III-85  
    phosphorus intake, F-16  
    renal disease, G-9  
Hypertension, III-56  
    calcium and, III-59  
    calorie-controlled diet for weight management, C-35  
    cancer, III-12  
    corticosteroid therapy, III-19  
    diet F-1, III-58

heart failure, III-41  
herb and drug interactions, II-28-29  
lactose-controlled diet, H-13  
nephrotic syndrome, III-71  
  
pregnancy and lactation, nutrition management during, A-21  
obesity and weight management, III-72-75  
renal disease, G-9, G-14  
sodium-controlled diet, F-1  
vegetarian diets, A-34  
Hypoglycemia, III-65  
    cancer, III-12  
    diabetes mellitus, C-8, III-22-25, III-29  
    dumping syndrome diet, B-13  
    inborn errors of metabolism, III-68  
    ketogenic diet, E-18  
    parenteral nutrition, metabolic complications, III-84  
    pediatrics, specialized nutrition support in, B-54  
    protein-controlled diet, hepatic encephalopathy, G-1

## I

Infant, full-term  
    breast feeding, E-1  
    fiber and, D-5  
    comparison of various formulas, E-4-6  
    introduction of solid foods, E-3  
    nutrition guidelines, E-3  
    phenylketonuria (PKU), III-67  
Immunocompromised diet, A-16  
Immunodeficiency diseases, diet and, III-43  
Inborn errors of metabolism, III-67  
Insulin therapy, III-27-28  
Irritable bowel syndrome, D-1, D-5  
Iron,  
    absorption, III-69  
    ascorbic acid and, III-69  
    deficiency anemia, II-15, III-69  
    full-liquid blenderized diet, B-4  
    food content, III-70  
    pregnancy, required in, A-18  
    vegetarian diets and, A-35

## K

Ketogenic diet, E-13  
Knee height determination, II-2  
Kosher dietary laws, A-38

## L

Laboratory indices, II-15  
Lact-Aid®, H-13  
Lactose deficiency, H-13  
Lactose, D-1, H-13  
    controlled diet, H-12

intolerance test, H-12  
 yogurt, H-13-14  
 LDL Cholesterol, C-6-7, C-39-49  
 Lipase, serum, C-56, III-80  
 Liquid diets, B-1-2  
 Lithium carbonate, F-2  
 Lipids, parenteral, B-43, B-45  
 Liver disease, G-1  
 Lofenalac®, III-67

## M

Magnesium, II-18  
 Malabsorption, fat, C-56  
   bariatric surgery for obesity, B-10, B-20  
   dumping syndrome diet, B-13  
   gluten-free diet, H-1  
   pancreatitis, III-80  
   protein-controlled diet, G-2  
 Manganese, II-19  
   parenteral nutrition, support for adults,  
     B-44  
   pediatrics, specialized nutrition support in, B-57  
 Maple syrup urine disease (MSUD), III-60  
 MCH, II-15  
 MCHC, II-15  
 MCV, II-15  
 Meat group, A-14  
 Mechanical soft diet, A-26  
   dysphagia, nutritional management of,  
     B-5-9  
 Medium-chain triglycerides, C-56  
   dumping syndrome diet, B-13  
   enteral nutrition, support for adults, B-30, B-43  
 Metric/English conversions, IV-2  
 Milk,  
   allergy, H-16  
   full-term infant, nutrition management of, E-2  
   lactose-controlled diet, H-14  
   nutrient comparison of, E-2  
 Milk group, A-14  
 Milligram/milliequivalent conversions, IV-2  
 Minerals,  
   calcium (see Calcium)  
   parenteral nutrition, and B-44  
   zinc, II-19  
 Modular components B-30  
 Monoamine oxidase inhibitors,  
   tyramine-restricted diet, H-10-11  
 Monounsaturated fats, C-41-42

## N

NHANES, II-7  
 Nephrotic syndrome, III-71  
 Neutropenic diet, A-16  
 Nickel, II-19  
 Niacin, II-17  
   food and drug interactions, II-25  
   nephrotic syndrome, III-71  
   parenteral nutrition, support for adults, B-44

pediatrics, specialized nutrition support  
   in, B-50-51  
 physical signs of deficiencies, II-20  
 protein-controlled diet, G-2  
 NutraSweet®, III-31  
 Nutrition Assessment,  
   bariatric surgery for obesity, B-11  
   body mass index, calculation, II-3  
   calorie-controlled diet, C-35  
   deficiency, signs of, II-20  
   frame determination, II-6  
   height determination, II-2  
   laboratory indices, II-13  
   obesity and weight management, III-72  
   obesity and weight management,  
     children and adolescents, III-73  
   weight evaluation, II-1, II-4  
 Nitrogen balance,  
   burns, III-7  
   corticosteroid therapy, III-19  
   estimation of protein requirements, II-12  
   renal disease, medical nutrition therapy  
     of, G-8  
 Nutritional adequacy, statement, A-1

## O

Oat bran, D-7  
 Obesity, III-73  
   basal energy expenditure, II-9  
   body mass index, II-3, III-74  
   calorie controlled diet, C-35  
   diabetes, type 2 and, C-35  
   drug therapy, III-76  
 Older adults, A-23  
 Omega-3 fatty acids, C-42, III-12  
   chronic obstructive pulmonary disease,  
     III-17  
   disorders of lipid metabolism, medical  
     nutrition therapy for, C-42  
   enteral nutrition, support for adults, B-  
     31  
 Osteoporosis, F-18  
   bariatric surgery for obesity, B-21  
   calcium intake, nutrition management of,  
     F-18  
   cancer, III-12  
   chronic obstructive pulmonary disease,  
     III-17  
   corticosteroid therapy, III-19  
   gluten-free diet, H-1  
   lactose-controlled diet, H-13  
   stature determination, II-2

## P

Pancreatic enzymes, III-82  
 Pancreatitis, III-79  
   cancer, III-8  
   enteral nutrition, support for adults,  
     B-28

## Index

- parenteral nutrition, metabolic complication of TPN, III-85-86
  - parenteral nutrition, support for adults, B-40
  - pediatrics, specialized nutrition support in, B-49
  - Pantothenic acid, II-17
  - parenteral nutrition, support for adults, B-44
  - protein-controlled diet, G-2
  - Parenteral nutrition, B-40
    - burns, III-9
    - calculating central, III-87
    - children, B-49-60
    - chronic obstructive pulmonary disease, III-16
    - complications, III-84-85
    - contraindications, B-41
    - cyclic, B-46
    - indications, B-40
    - monitoring, B-45
    - pediatrics, neonates, B-49
    - pediatrics, pre-term infants, guidelines, B-50
    - pediatrics, specialized nutrition support in, B-49
    - protein-controlled diet, G-1-3
    - weaning from, B-46
  - Pediatrics,
    - allergy, E-5,
    - fluid intake and hydration, nutrition management of, A-31
    - parenteral nutrient needs, B-49
    - weight management, III- 74-75
  - Peptic ulcer disease, III-91
  - Pernicious anemia, II-15
  - Peptide base formulas, B-30
  - Peripheral nutrition, B-40
  - Peritoneal dialysis, G-8-12, III-99
  - Pharmacotherapy, for obesity, III-76
  - Phosphorus, II-17, III-98
    - content of food, F-17
    - nutrition management of, F-16
  - Phenylketonuria (PKU), III-67
    - diabetes mellitus, III-31
    - full-term infant, nutrition management of, E-2
    - inborn errors of metabolism, III-67
    - manufacturers of formulas, III-67
  - Phytobezoar form, D-6
  - Pneumonia, III-92
  - Polyunsaturated fats, C-41-42
  - Potassium, F-14, II-18
    - chronic obstructive pulmonary disease, III-17
    - content in food, F-15
    - food and drug interactions, II-21-24, II-26
    - heart failure, III-41
    - hypertension, III-59-61
    - major nutrients, functions and sources, II-18
    - metric/english conversions, IV-2
    - nutrition management of intake, F-14
    - parenteral nutrition, support for adults, B-44-45
    - pediatrics, specialized nutrition support in, B-50-51,
      - B-53
    - renal disease, III-98-99, III-102
    - simplified renal diet, G-26
    - sodium-controlled diet, F-1
  - Prealbumin, II-15
    - body weight evaluation, II-1
    - enteral nutrition, support for adults, B-37
    - HIV infection and AIDS, III-44-45
    - parenteral nutrition, support for adults, B-45
  - Pre-eclampsia, A-21
  - Pregnancy, A-17
    - alcohol and, A-21
    - caffeine and, A-21
    - diabetes and, C-1, C-15
    - diet in, A-17
    - energy and, A-18
    - lactation and, A-21
    - nausea and vomiting of, A-20
    - pre-eclampsia, A-21
    - weight gain and, A-17
  - Pressor amines, H-10
  - Pressure ulcers, III-94
  - Protein,
    - adolescent, nutrition management of the, E-11
    - controlled diet, G-1
    - exchange lists, G-4
    - dialysis and, G-8, G-11
    - diabetes mellitus, C-2, C-5
    - dumping syndrome diet, B-13
    - full liquid diet, B-2
    - high-protein, high-calorie diet, A-15
    - ketogenic diet, E-14
    - older adult, nutrition and the, A-23
    - pediatrics, full-term infant, nutrition management of, E-1-6
    - pediatrics, specialized nutrition support in, B-50
    - pregnancy and lactation, nutrition management of, A-18
    - renal disease, medical nutrition therapy of, G-6
    - school-age child, nutrition management of, E-9
    - toddler and preschool child, nutrition management of the, E-7
    - vegetarian diet and, A-34
  - Pulmonary disease, III-16
  - Pureed diet, A-28
  - Prothrombin time, II-14, III-4
    - parenteral nutrition, support for adults, B-43
    - protein-controlled diet, G-2
  - Pyridoxine, II-17
- ## R
- Radiation therapy, III-12

- RDA (recommended dietary allowances), A-1  
 estimation of protein requirements, A-2, II-12  
 fluid intake and hydration, nutrition management of, A-31
- Renal disease, G-6, III-102  
 calcium and, G-10, III-99, III-102  
 choice lists, G-15  
 diet in, G-8  
 energy and, G-8, G-11  
 enteral nutrition, support for adults, B-32  
 lists, G-15  
 fluid balance in, G-9  
 glomerular filtration rate, III-100  
 glucose absorption during CAPD, G-12  
 hemodialysis, G-8  
 hypertriglyceridemia, III-99  
 magnesium and, G-10  
 meal patterns, G-25  
 nephrotic syndrome, III-71  
 nutrient requirements, G-11  
 parenteral nutrition, B-42  
 peritoneal dialysis, G-8  
 phosphorus intake, nutrition management of, F-16, III-89  
 potassium intake, nutrition management of, F-14  
 protein and, G-8  
 renal choice system, dietary management with the, G-15  
 simplified diet, G-26  
 sodium-controlled diet F-1, G-8  
 trace minerals and, G-10  
 transplantation, G-7  
 vitamins and, G-10
- Residue restricted diets, D-1
- Red blood cells, II-15
- Riboflavin, II-17
- Roux-en-Y, B-14, B-16
- S**
- Saccharin, III-30
- Salicylate, IV-3
- Salt substitutes, F-2
- Saturated fats, C-41
- Semisolid foods, B-3
- Selenium, II-19
- Sodium, F-1  
 diabetes mellitus and, C-7  
 dialysis and, G-9  
 food guides,  
   4000 mg sodium diet, F-4  
   3000 mg sodium diet, F-5  
   2400 mg sodium, low-fat diet, F-7  
   2000 mg sodium diet, F-10  
   1000 mg sodium diet, F-12  
 hypertension, F-1, III-56  
 levels of restriction, F-1  
 lithium carbonate and, F-2  
 no added salt diet, F-4  
 parenteral nutrition, support for adults,  
   B-44  
 pediatrics, specialized nutrition support  
   in, B-50-51  
 pregnancy and, A-19  
 protein-controlled diet, G-2  
 renal disease, medical nutrition therapy  
   of, G-7
- Splenda, III-31
- Sorbitol, H-14, III-31
- Steroid therapy, III-19
- Swallowing disorders (see Dysphagia)
- T**
- Temporomandibular joint surgery, diet for,  
 A-26-27
- Theobromine food contents, IV-1
- Thiamine, II-16  
 parenteral nutrition, support for adults,  
 B-43-44  
 pediatrics, specialized nutrition support  
 in, B-56
- Tocopherol, II-17
- Toddler and preschool child, nutrition  
 management of, E-7
- Trace elements, II-18  
 burns, III-9  
 parenteral nutrition and, B-44  
 pediatrics, specialized nutrition support  
 in, B-57
- Trans fat, C-42-43
- Transitional feeding program, B-46
- Transferrin, II-13
- Triglycerides,  
 diabetes mellitus, C-7  
 disorders of lipid metabolism, C-46-49  
 hypertriglyceridemia, III-63
- Tube feeding, B-28  
 administration guidelines, B-35  
 burns, III-9  
 complications, III-36  
 energy density, B-34  
 enteral nutrition, support for adults,  
 B-28  
 formula selection, B-34  
 medications, B-36  
 monitoring, B-37  
 nutrient content, B-34  
 osmolality, B-34  
 protein-controlled diet, G-3  
 residuals, B-36  
 water/fluid requirements, B-34  
 vitamin K and, B-35
- Tyramine-restricted diet, H-10
- Tyrosine, III-67
- U**
- Urea cycle disorders, III-67
- Urea nitrogen, II-13  
 burns, III-8

## Index

enteral nutrition, support for adults,  
B-37  
pancreatitis, III-79  
Urticaria, chronic, IV-3

## V

Vegetable group, A-13  
Vegetarian diets, A-34  
classification of, A-34  
vitamin supplements and, A-34-35  
Vitamin(s),  
ascorbic acid, II-17  
folate, II-18  
niacin, II-17  
parenteral nutrition and, B-43  
supplements, A-10  
vitamin A, II-17  
vitamin B<sub>1</sub>, II-17  
vitamin B<sub>2</sub>, II-17  
vitamin B<sub>6</sub>, (pyridoxine), II-17  
vitamin B<sub>12</sub>, A-34, II-18  
vitamin D, A-35, II-17  
vitamin E (tocopherol), II-17  
vitamin K, II-17, III-4  
anticoagulant, therapy, III-4

## W

Water requirements, A-31  
Water soluble vitamins, II-17-18  
Weight, II-1, II-4, II-5, II-7, III-65  
amputees, estimation of ideal body weight, II-7  
average height and weight for persons aged 65 years  
and older, II-5  
body weight evaluation, II-1  
reduction (see Obesity)  
surgery, B-12  
weight for height calculation, 5' rule, II-4  
Wheat bran, D-6  
Wilson's disease, III-104  
Wired jaw, B-3

## Y

Yogurt and lactose, H-13-14

## Z

Zinc, II-19