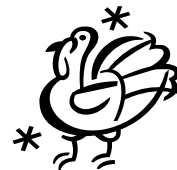


IN THE PINK



“Volunteers: The First to lend a helping hand...the Last to turn away.” November 2009

Columbus Regional Healthcare System Mission

*The mission of Columbus Regional Healthcare System is to promote the health and healing of our patients.
Your Health. Our Mission.*

Columbus Regional Auxiliaries:

Purpose of Doctors Hospital Auxiliary

A: To render service to Doctors Hospital and its patients, through ways approved by the governing board of the hospital;

B: To render service to the community.

The Medical Center Auxiliary

Auxiliary Mission: The Medical Center Auxiliary will serve with compassion and respect as we carry out our responsibility to The Medical Center and Columbus Regional Health System.

Members of Council on Auxiliaries/Volunteers of the Georgia Hospital Association—Central District.

Lance Duke Named CEO of Year by State Auxiliaries

Lance Duke was named CEO/Administrator of the Year by the Council on Auxiliaries/Volunteers (COA/V) of the Georgia Hospital Association at their annual meeting on Oct. 21 in Augusta. The COA/V consists of 90 hospital auxiliaries in Georgia.

The announcement came as a surprise to the president and CEO of The Medical Center as he had been asked to come to the meeting to give remarks about the meaning of Auxiliaries to their hospitals. Mr. Duke was nominated by the Doctors Hospital Auxiliary and The Medical Center Auxiliary. In attendance were his wife Debbie and several members of the two Auxiliaries.

Compassion, commitment and community were the three words used to describe Mr. Duke as well as *wonderful* in keeping Auxiliary members informed, providing encouragement for their projects, inspiring teamwork and fostering good relationships.

“It was a very nice surprise for me to be recognized by the Council and to have several of our Doctors Hospital and Medical Center Auxilians there when it was presented,” said Mr. Duke. “Our Auxiliaries are recognized across the state as being tops in their class, and it is wonderful to be able to work with such dedicated people who freely give of their time and themselves without any expectation of anything in return.”

“Mr. Duke makes time to maintain open channels of communication with Doctors Hospital Auxiliary and The Medical Center Auxiliary,” stated Nancy Williams, director of Volunteer Services at Columbus Regional, in a nomination letter. “He frequently meets with and speaks to the Auxiliary Board of Directors and to the Auxiliary-at-large, ensuring that Auxilians are aware of the hospital’s mission and goals. The Auxiliaries begin each fiscal year with Mr. Duke’s participation in the Auxiliaries’ installation program and ends with his participation in the awards presentations.”

“Because Mr. Duke encourages the Auxiliary’s involvement in almost all phases of hospital life, Auxilians are always mindful of their importance to Doctors Hospital and The Medical Center,” Mrs. Williams added.

Mr. Duke’s support during last year’s shooting tragedy was especially noted by Doctors Hospital Auxiliary president Kay Gorday in a nomination letter. His support for the annual Tree of Light program, Play PAWS Program and Calls from the Heart program was noted by Barbara Diggs, past president of The Medical Center Auxiliary.

The Auxiliaries hosted a reception in Mr. Duke’s honor on Nov. 3 in the Columbus Regional Conference Center at The Medical Center.

By Judy Walsh, Corporate Communications, Columbus Regional

“Volunteers: The First to lend a helping hand...the Last to turn away.”

HAPPY BIRTHDAY TO...

Auxilians



- 12-02 Susan Binns
- 12-05 Hazel Sparks
- 12-06 Frances Jeffers
- 12-08 Betty O’Neal
- 12-11 Eva Roper
- 12-13 Barbara Waller
- 12-15 Johanna Smith
- 12-15 Jerry McKay
- 12-16 Margaret Barber
- 12-19 Patricia McIntosh
- 12-21 Dolores Ortiz
- 12-21 Arlene Harford
- 12-26 Nettie Leonard
- 12-27 Thelma Robinson
- 12-30 Irmgard Skira

The Medical Center Auxiliary AWARDS CHAIRMAN

Edith Satterwhite

HOURS VOLUNTEERED for July 2009

“Volunteers are not paid, not because they are worthless but because they are priceless.”

88 TMC Auxiliary Members 1,936 Hours

41 TAPS Volunteers 382 1/2 Hours

129 TOTAL Volunteers 2,318 1/2 Hours

FTE number

Monthly full time employee equivalent

Hours: **2,318.30** / 173 hr **13 FTEs**

Salary Saving

Based on average CRHS Salary

Hours: 2,318.30 \$18.77 = \$ 43,514.50

Volunteers
Make a Difference,

Eager to help in every way,

Valuable for the role you play,

Exceptional in responding to needs,

Ready with the right words and deeds,

You are dependable as you do your part,

Day in and day out with a giving heart,

Always there to show you care,

You have won our praise as a great

VOLUNTEER!

Please remember the following Volunteers and their families...

- Theresa Gunter Husband ill
- Audrey Posey Home ill
- Ezera Holmes Husband ill
- Barbara Justice Had surgery
- Betty Allen Mother passed away
- Kay Noell Foot injury
- Lynn Jones Home ill
- Dot Crocke Son ill
- Kay Gorday Knee surgery

Congratulations New Volunteer

Barbara Sternberg

volunteered

65 3/4 Hours as of Sept.09

HAPPY THANKSGIVING TO ALL YOU WONDERFUL VOLUNTEERS
AND YOUR FAMILIES!

CODE S STROKE ARREST

WHAT DOES THE VOLUNTEER DO DURING “CODE S”?

CODE S in *YOUR* department:

- ♥ Report to the main desk area
- ♥ Be available to run errands, answer the phone
- ♥ Stay out of the way of the clinical staff

Know the signs and symptoms of stroke.

- Weakness on one side or both.
- Sudden severe headache.
- Sudden confusion.
- Sudden difficulty talking.
- Sudden slurred speech.
- Sudden trouble seeing in one or both eyes.



FAST

F – Facial Droop

A – Arm Drift

S – Slurred Speech

T – Time to call for help

If any of these symptoms are present Get Help FAST!

Non-clinical and clinical staff can initiate a Code S by dialing 750# and telling the operator Code S, or can get help from a nurse or physician.

VOLUNTEERS are part of the COLUMBUS REGIONAL TEAM.

While the staff is taking care of the clinical needs of the patients, volunteers can help take care of the comfort needs of the families and friends.

Volunteer uniform and ID BADGE is the volunteers' key to being part of the team.

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue. If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke.

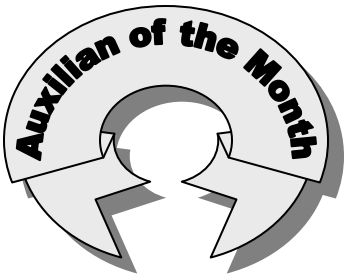
“Volunteers: The First to lend a helping hand...the Last to turn away.”

The Volunteer Gift

--(Author Unknown)

A helping hand, a willing heart,
Sometimes that's all it takes -
A simple gesture on someone's part,
But what a difference it makes.

That's just the kind of gift you give,
Over and over each day,
And we'll always be glad that you've
Chosen to live in such an unselfish way.



Ezera Gilbert Holmes is our Auxilian of the Month for November. Ezera was born in Benevolence, Georgia, (Randolph County.) She joined the Auxiliary in September, 2008 and her service area is the High Risk Nursery / Special Care Nursery. She also serves in the Gift Shop during jewelry sales and Child Care for the Parent Advisory Council.

Ezera worked for the Muscogee County School District for twenty-two years as a Special Education teacher.

Her hobbies include sewing, gardening, traveling and spending time with her family.

Ezera is a member of the Friendship Missionary Baptist Church. She is the Vice President of the Deacon's Wives Ministry, Vice President of the Usher's ministry, a member of Sunday School and *Senior on the Move* ministries.

Ezera has been married to her husband, Roderick, for 37 1/2 years. They have two daughters; Desiree and Regina, two grand daughters, Shane and Genesis and one great grandson Ashton Elijah. Ezera has a ninety year old mother and eight siblings.

“I have always enjoyed helping others and I love working with children. When I decided to retire from the school system, my first thought was to volunteer in the High Risk Nursery here at The Medical Center. Both of my grand-daughters were high risk babies (one here in TMC HRN) therefore, I understood the special needs of the babies here. I don't work directly with the babies, but I have opportunities to watch the little (miracles) grow and be able to get strong enough to go home. I assist wherever I'm asked and wherever I see a need. I have enjoyed every minute of my service here. I am truly thankful for the opportunity to volunteer at The Medical Center.”

Tree of Light & Celebration of Life Party

December 4th 2009